

LABOR MARKET RESEARCH WORKSHEET

Date:

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A basic understanding the labor market and trends in your occupational field is the
best first step in any job search. By completing the questions on the back of this
worksheet, you will be closer to becoming an effective job searcher. Completing
labor market research is a requirement of an RESEA review.

Membership ID#

Instructions:

Name:

- 1. Please look up your occupation on one of the suggested Labor Market Research websites listed below.
- 2. Answer questions one to five (1 to 5) on the back of this worksheet.
- 3. Bring the completed worksheet to your scheduled RESEA review.

LABOR MARKET RESEARCH WEBSITES

Resource	Website URL
O*NET	www.onetonline.org
Career One Stop	www.careeronestop.org
Mass Career Information System	masscis.intocareers.org
Occupational Outlook Handbook	www.bls.gov/ooh
Bureau of Labor Statistics	www.bls.gov



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Please answer the questions one to five (1 to 5) below based on information gathered from the labor market resources offered on the front page of this worksheet.

1.	What is your Job Title or Occupational Category?
2.	What is the median wage (or a salary range) for your occupational in Massachusetts?
3.	Is there job growth or decline in your field? a. Growth b. Decline
4.	What percentage is the projection increasing or decreasing?
5.	How many jobs are available annually in your occupation in Massachusetts?
6.	Is there any other pertinent information about occupation, skills or industry that will be impacting your job search?